

Wellness: An Introduction to Poetry through Joy

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The following supplies are just suggested favorite products of mine, but I suggest just hitting your local bookstore and picking a nice journal and pen! You simply need your preferred method of writing. I realize that might look different to everybody, and accept any writing medium, so long as it does not interfere with other students' learning!

Supplies

<u>Notebook</u>	\$12
<u>Pen</u>	\$2

Total estimated cost \$14

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.