



COLORADO SPRINGS

Fine Arts Center

at COLORADO COLLEGE

Wellness: Poetry by Prescription

Instructor Name: Kenny Idleman

Instructor Email: kidleman2024@coloradocollege.edu

Supplies:

The following supplies are just suggested favorite products of mine, but I suggest just hitting your local bookstore and picking a nice journal and pen! You simply need your preferred method of writing. I realize that might look different to everybody, and accept any writing medium, so long as it does not interfere with other students' learning!

Feel free to bring any printed lines of poetry that resonate with you, just keep in mind they will end up being rolled into tiny, pill-sized scrolls!

Notebook	\$12
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Pen	\$2
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Total estimated cost \$14

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.