



COLORADO SPRINGS

Fine Arts Center

at COLORADO COLLEGE

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*Wellness: Living in a World of Wonders*

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Instructor Name: Kenny Idleman

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**Supplies:**

The following supplies are just suggested favorite products of mine, but I suggest just hitting your local bookstore and picking a nice journal and pen! You simply need your preferred method of writing. I realize that might look different to everybody, and accept any writing medium, so long as it does not interfere with other students' learning!

<a href="#">Notebook</a>	\$12
<a href="#">Pen</a>	\$2

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estimated cost \$14

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.