

Wellness: Lighten the Load with Hollow-Formed Rings

Instructor Name: Kenny Idleman

Instructor Email: kidleman2024@coloradocollege.edu

Items listed in **bold** are required. Other items listed are recommended to both further enrich your time in class as well as continue the techniques at home (though shared options will be available). Additionally, you are expected to come to class prepared to work with close-toed shoes, long clothes/jewelry/long hair away, secured, and tied up, and with adequate eye protection. A sketchbook/notebook is also strongly recommended!

Please be aware that many supplies fluctuate in price based on current metal spot-pricing. Links are merely suggested sources for your supplies and may reflect the higher-end of certain products, but so long as they fit the criteria feel free to gather supplies, however feels most appropriate to you, and feel free to bring in your own if you have it already! **STERLING SILVER CAN BE SUBSTITUTED FOR COPPER IN THE SAME PARAMETERS!**

Supplies

Copper - 20g or 22g (or nonferrous metal of your choice)	\$15
Sterling Silver Sheet - 24g	\$20
Sandbag	\$20
Silver Solder - Hard (others if wanted)	\$5
Flux Brush	\$3
Solder Pick	\$7
Jeweler's Saw Frame	\$16
Saw Blades - 2/0 (others if desired)	\$4
Needle Files	\$10
Chasing Hammer	\$10+
Bench Pin/Anvil	\$16



Torch (butane)	\$40
German Shop Shears	\$14
Ring Mandrel	\$25+

estimated cost \$70-\$205

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.