

"Wellness: Poetry of Healing"

Instructor Name: Kenny Idleman

Instructor Email: kidleman2024@coloradocollege.edu

Supplies:

The following supplies are just suggested favorite products of mine, but I suggest just hitting your local bookstore and picking a nice journal and pen! You simply need your preferred method of writing. I realize that might look different to everybody, and accept any writing medium, so long as it does not interfere with other students' learning!

| Notebook | \$12 |
|------------|------|
| <u>Pen</u> | \$2 |

estimated cost \$14

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.