



COLORADO SPRINGS

Fine Arts Center

at COLORADO COLLEGE

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## *Wellness: Drawing as Meditation*

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Please note that these materials should be cheap and accessible! If you have something around at home already, use what you have. Apart from the pen itself, all these supplies have wiggle room as far as brand or type. The paper can have some texture: most cold press watercolor papers will work, and all hot press papers will work. See the link below for my personal favorite paper type. If you already have a round brush or two that you use, bring that and don't feel like you must go out and buy something special. Reach out if you have any questions, I'm happy to communicate.

### **Supplies**

<a href="#">1 Pilot Precise V5 ink pen</a>	\$5.30 for a set of 3
<a href="#">140 lb smooth watercolor paper</a>	\$6.30 for a pad of 12 sheets
Graphite pencil and eraser of your choice	\$1-\$3
Cup for water	\$0 (you can use recycled containers)
<a href="#">Size 9- 11 watercolor round brush</a>	\$3-\$8
Paper towels OR wash rag for wiping brush	\$0-\$3

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Total estimated cost \$16-\$26

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.