



COLORADO SPRINGS

Fine Arts Center

at COLORADO COLLEGE

Introduction to Oil Painting

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IMPORTANT NOTES, PLEASE READ

PLEASE REACH OUT WITH ANY QUESTIONS YOU MAY HAVE ABOUT SUPPLIES! WE WILL BE JUMPING IN DAY ONE, SO PLEASE BRING THEM!

A NOTE ABOUT SOLVENTS(including Gamsol): I highly encourage you to eliminate solvents from your practice! I have recently switched to 100% oil for cleaning. Solvents are dangerous and hazardous to your health, and are honestly a hassle. My preferred method is using **100% Refined Linseed Oil**. I use it in a brush cleaning jar to clean brushes while I'm painting, and it very easily pulls paints out of the brush, which I then wipe on a rag. This is also better for the brushes! The oil can be used virtually forever, too, similar to solvents. Every so often I deep clean my brushes with Murphy's Oil Soap. This system has worked very well for me, and I highly recommend it. I will explain this in more detail in class.

You can also use the same linseed oil in a smaller jar as your medium (the stuff that makes paint move). I personally have been using Neo Megilp by Gamblin (name changing to Galkyd Gel Lite). This does have a little solvent in it, but it's negligent. I still use linseed oil to clean my brushes!

I will not stop you from using a solvent in class if you're already using one, but I would prefer a virtually solvent free classroom so we don't have to worry about ventilation and our health.

A NOTE ABOUT GLOVES: If you opt to use a solvent, PLEASE use gloves. If you opt to be solvent free, they're optional. I still use gloves to protect from heavy metal paints, and also because I'm a little messy, and I don't want to constantly wash my hands. I personally, literally, purchase off brand Safeway nitrile gloves.

A NOTE ABOUT SUPPLY STORES: I recommend Meininger's downtown on Tejon, our only local FINE art store...OR Michaels. You could also get lucky with some supplies at Who Gives a Scrap, our local second hand art supply store. The only decent paint at Michaels is Gamblin 1980, which actually is a good affordable option. They also have a lot of the other supplies for cheaper (except brushes, the SNAP line of Princeton brushes at Meiningers is cheaper). Even better if you get a coupon on their website, or catch a sale! If you have trouble finding anything you need, let me know!



Supplies

Variety of **stiff bristled brushes with long handles**. These are the specific ones I would recommend if you're starting from scratch: **Princeton SNAP natural Line**: Size 10 bright, Size 8 bright, Size 2 flat, Size 2 filbert. **\$36**

Variety of **soft brushes, long or short handles**. These are the specific ones I would recommend if you're starting from scratch: **Princeton SNAP soft line**: Size 4 long handled filbert, Size 4 long handled bright, **Princeton Heritage 4000 synthetic line**: Size 4 filbert, Size 1 round. **\$34**

37ml tubes of oil paint, required colors are **(1)burnt sienna, (2)gold ochre, (3)titanium white, (4)alizarin crimson, (5)ultramarine blue, (6)cadmium red, (7)lemon yellow, (8)warm white by gamblin**. It's really not necessary to get expensive, or to get all new paints. I recommend Gamblin 1980 as affordable but decent quality, found at Michaels. Utrecht, Holbein, and regular Gamblin are GOOD paints (found at Meiningers)!

\$78 (this is a great thing to use that Michael's coupon for)

Refined Linseed Oil (more on this above) **\$16(8oz bottle at Michaels)**

A palette. I recommend a piece of glass from home depot, with taped edges, placed inside a masterson stay-wet palette box. If you already have a palette of any kind, don't worry, bring it. **\$40 (\$10 glass at Home Depot, \$30 box at Michaels)**

A palette knife (Metal!! They come in a lot of shapes and sizes, you want something similar to this) **\$4**



Rags (soft, small kitchen rags are my choice, but old cut up t shirts, construction rags, paper towels are great too) **\$0**

2 jars with tight fitting lids, for cleaning oil and medium. **\$10**

A surface! I will personally be working on a canvas sheet from a 16x20 Fredrix's canvas pad (from Meiningers) clipped to a large drawing board. Canvas pads are great for practicing, but I only recommend Fredrix's. **\$15**

GLOVES. More on this above. **\$5**

Transport vessel for supplies, like a toolbox, grocery bag, backpack, anything.

Total estimated cost \$238 (if you buy **EVERYTHING** on this list brand new)

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.