



COLORADO SPRINGS

Fine Arts Center

at COLORADO COLLEGE

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## Painting from the Heart

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Instructor name: Zandra Zieman-Foster

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The supplies suggested below are from Hobby Lobby, but are also available at Michaels, Menninger's, Blick's, Amazon, etc.

**Acrylic Paint:** If you can afford Cadmium red and Yellow not as a hue, you will get better mixing results, but they are more expensive. The most important colors you should have are the primary colors red, blue, and yellow, and Titanium white – from these colors, you can mix most colors. There are optional paint colors below, if you have them, bring them.

**Brushes:** Brushes for acrylic paint work best if they have synthetic fibers and are fairly stiff. A variety of both flat and round are good in sizes large, medium, and small.

**Canvases:** I recommend that Canvases be no smaller than 18" X 24". They can be canvas boards or stretched canvases. I like the canvas boards best because they have a solid surface.

**Paint Palette:** An old glass or Pyrex pie dish makes an excellent traveling paint palette. Styrofoam or plastic plates also work. If you already have a designated palette, that works too.

\*Please feel free to use any supplies you already have if you have the primary colors and titanium white. Acrylic paint leaves a permanent mark on clothing, so please bring an apron or wear clothing that you don't mind getting paint on, as well as an old towel or paper towels for whipping brushes.

### Supplies

Cadmium Yellow deep hue 4ozs.	\$5.99
Cadmium Red deep hue 4ozs.	\$5.99
Phthalocyanine Blue 4ozs.	\$5.99
Titanium White 8.45ozs.	\$9.99
The Fine Touch Brush Set All Purpose(flat 12, round 1 & 6, Bright 6, Filbert 8)	\$7.99
Curate Color Palette knife	\$2.49
3 Pack Canvas Set	\$11.99
Paint Palette pie plate, plastic Styrofoam or plastic disposable plate	\$0.00
<i>Hooker's Green hue permanent 4oz (optional)</i>	\$5.99
<i>Cadmium Orange hue 4oz (optional)</i>	\$5.99
<i>Brilliant Purple 4oz (optional)</i>	\$5.99
<i>raw Sienna 4oz (optional)</i>	\$5.99
<i>Prussian Blue Hue 4oz (optional)</i>	\$5.99
<i>Alizarin Crimson 4oz (optional)</i>	\$5.99

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Total Estimated Cost: \$87.37

Estimated cost without optional colors: \$50.43

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.