
Paint an Oil Portrait

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IMPORTANT NOTES, PLEASE READ

Having used oil before I expect this class to have at least a basic kit already. It's also possible you are new to oil, so if you are unsure about anything, please let me know. **Please note there is also an option to pay the instructor a fee of \$60 to borrow all the supplies you need for this course. I will discuss this more fully in the welcome email a week before the class starts, but feel free to email me with any questions.** Otherwise, the list below is what I will expect you to bring, including prices, in case you do need to buy anything.

PLEASE REACH OUT WITH ANY QUESTIONS YOU MAY HAVE ABOUT SUPPLIES! WE WILL BE JUMPING IN DAY ONE, SO PLEASE BRING THEM!

A NOTE ABOUT SOLVENTS (including Gamsol): I highly encourage you to eliminate solvents from your practice! I have recently switched to 100% oil for cleaning and medium (making paint move). Solvents are dangerous and hazardous to your health and are honestly a hassle. My preferred method is using **100% Refined Linseed Oil**. I use it fresh as a medium, and in a brush cleaning jar to clean brushes while I'm painting, and it very easily pulls paints out of the brush, which I then wipe on a rag. This is also better for the brushes! The oil can be used virtually forever, too, similar to solvents. Every so often I deep clean my brushes with Murphy's Oil Soap. This system has worked very well for me, and I highly recommend it. I will explain this in more detail in class. I will not stop you from using a solvent in class if that's what you do already, but I would prefer a virtually solvent free classroom so we don't have to worry about ventilation and our health.

A NOTE ABOUT GLOVES: If you opt to use a solvent, PLEASE use gloves. If you opt to be solvent free, they're optional. I still use gloves to protect myself from heavy metal paints, and also because I'm a little messy, and I don't want to constantly wash my hands. I personally, literally, purchase off brand Safeway nitrile gloves.

A NOTE ABOUT SUPPLY STORES: I recommend Meininger's downtown on Tejon, our only local FINE art store...OR Michael's. You could also get lucky with some supplies at Who Gives a Scrap, our local secondhand art supply store. The only decent paint at Michael's is Gamblin 1980, which is a good affordable option. They also have a lot of other supplies for cheaper (except brushes, the SNAP brand at Meiningers is cheaper). Even better if you get a coupon on their website or catch a sale! If you have trouble finding anything you need, let me know!

Supplies

Variety of **around 5 oil painting specific brushes with long handles** (I like to have natural hair, stiffer brushes. Must include a square brush! Medium-ish sizes like 10-14 are good. I also like to have one long handled, small, square brush for sketching. **A good affordable brand is SNAP at Meininger's**) **\$40**

Variety of **around 3-5 soft watercolor/acrylic brushes, short handles** (these are my **detail and blending brushes**, tiny versions of my bigger brush shapes. Again, **SNAP** is a good affordable buy.) **\$15**

37ml(ish) tubes of oil paint, required colors are **(1)burnt sienna, (2)transparent gold ochre, (3)titanium white, (4)alizarin crimson, (5)ultramarine blue, (6)vermillion hue, (7)lemon yellow**. It's really not necessary to get expensive, or to get all new paints. I recommend Gamblin 1980 as affordable but decent quality, found at Michaels. Utrecht, Holbein, and regular Gamblin are good too (found at Meiningers)!

\$70 (all new- this is a great thing to use that Michael's coupon for)

Refined Linseed Oil (more on this above) **\$16(8oz bottle at Michaels)**

A palette. I recommend a piece of glass from home depot, with taped edges, placed inside a masterson stay-wet palette box. If you already have a palette of any kind, don't worry, bring it. **\$40 (\$10 glass at Home Depot, \$30 box at Michaels)**

A palette knife (Metal!! They come in a lot of shapes and sizes, you want something similar to this) **\$4**



Rags (construction rags are my choice, but old cut up t shirts are great too) **\$0**

2 jars with tight fitting lids, for cleaning oil and medium. I only use one...a brush cleaning jar with the grate inside, and when I take the lid off to paint, I put clean oil in the lid for mixing. **\$10**

A surface! I will personally be working on a canvas sheet from a 16x20 Fredrix's canvas pad (from Meiningers) clipped to a large drawing board. If you have that, or a primed wood panel, or a canvas, all are great. It does not have to be the EXACT same size, but as close as you can, no smaller than 12x16 **\$15**

GLOVES! More on this above. **\$5**

Transport vessel for supplies, like a toolbox, grocery bag, backpack, anything.



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Total estimated cost \$215 (if you buy **EVERYTHING** on this list brand new)

Please email the instructor with any questions regarding supplies.

In case you are unable to attend class, consider purchasing supplies that are returnable.