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## *Adult Oil Basics For Beginners*

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Oil painting can be but does not HAVE to be expensive! Please use materials you already have. Contrary to what the internet will tell you, ANY brush can be used to push paint around (especially starting out). You also have six weeks to figure out something doesn't work for you and switch up your kit. I personally use a huge mish mash of supplies and brushes and brands of paints etc.

Another hot tip: the paint itself is by far the biggest expense. Go to second hand art stores like Who Gives a Scrap, or garage sales, or ask local collectives if they have donated supplies available for free. Oil paint lasts for years and years if sealed. Get thrifty!

Last tip: Make sure the canvas pads or canvas paper pads you get are already PRIMED (they'll be white).

If you aren't sure about something, like using stuff you already have or where to buy supplies etc, just shoot me an email! I based the prices in this list on buying 100% new supplies only at Michaels.

### **Supplies**

Variety of **around 5 oil painting specific brushes with long handles** (I like to have a mix between synthetic and natural on hand, in a variety of shapes, with **at least 1 filbert, bright, flat, round, angular, and some detail brushes**)  
**\$50(Please don't spend more than \$10 per brush, it's not necessary)**

Variety of **soft craft brushes(around 3-5**, these are usually my **detail brushes**, aka tiny versions of my bigger brush shapes) **\$8**

**37ml(ish) tubes of oil paint**, required colors are **(1)burnt sienna, (2)yellow ochre, (3)titanium white, (4)ivory or mars black, (5)ultramarine blue, (6)cadmium red hue, (7)vandyke brown**. It's really not necessary to get expensive brands or extra colors or even new paints. Winsor and Newton is affordable and perfectly functional. **\$50(Winsor and Newton at Michaels, \$6.99 each)**

Bottle of **linseed oil or generic oil medium**(I usually either use straight oil or Gamblin's Galkyd medium. Do not get a "fast drying" or "glaze" medium.) **\$16(8oz bottle of linseed oil at Michaels)**

Any type of **solvent**, like **odorless** mineral spirits(turpentine), turpenoid(non toxic turpentine alternative), or you can use an oil based soap (Murphy's oil soap is MAGIC). There's lots of options here,



it's up to you and if you want to lean towards the natural side you can research the myriad of options.

**\$15**

**A palette** (this can either be cheap pads of disposable palette paper, or a wooden palette, or a fancy palette that comes in an airtight box to preserve your paints) (paper palette)**\$5**

**A palette knife** (Any old basic oil painting palette knife, plastic or metal, will do! They come in a lot of shapes and sizes, you want something similar to this)



**\$4**

**Rags** (construction rags are my choice, but old cut up t shirts are great too)

**\$0**

**2-3 jars** with tight fitting lids. I use 2 medium-large mason jars for my solvent, one for dark and one for light colors. Plus a very small jar for my medium or oil.

**\$12**

Pads of **9x12 canvas paper sheets** totalling at least **10 sheets**

**\$13**

**GLOVES!** Latex, non latex, powdered or not, whatever you prefer, just need a box of gloves. They can be super cheap! Just to protect your skin from harmful oil ingredients and solvents. Some artists don't use them but I do and HIGHLY recommend them.

**\$5**

Transport vessel for supplies, like a toolbox, grocery bag, backpack, anything you're willing to get paint all over.

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Total estimated cost \$163 (if you buy **everything** new)

Please email the instructor with any questions regarding supplies.