



Meditation Mondays

Instructor Name: Jade Belanger

Instructor CC Email: jadebelanger333@gmail.com

Bring clothes, aprons, and towels if you don't mind getting dirty. Please note that the materials below are linked to suggested website where you can purchase them.

Supplies

Basic Acrylic Paint Set	\$16.00
Small paint brushes	\$5.00
Dot tool or pencil	\$6.00
Circle Canvas	\$14.00

Total estimated cost \$41.00

Please email the instructor with any questions regarding supplies.